

State Approved Behavioral Intervention Trainings
Approval Status as of 4-6-11

1. Behavior Principals and Strategies (for use by DDA licensed providers only)

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This program provides staff training and train-the-trainer training. The train-the-trainer process is free, unless the person requires additional critique observations.

Training program for direct staff requires 2 full days of training. Four hour refresher training is required annually.

2. Therapeutic Crisis Intervention/Cornell University

Martha j. Holden
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This program provides a 5 day train the trainer course. Maximum trainer to trainee ratio is 1:10. Trainers must pass a written exam with a minimum of 80%, demonstrate a life space crisis interview and demonstrate all physical skills without safety violations. They are also required to attend a 1-2 day update and pass a written exam every two years to remain certified. **Cost: \$1425 per person initial; \$550 recertification.**

Training for direct care staff is 24 hours and requires six hours of refresher training every six months. All but 6 hours of the training are concentrated on positive behavior interventions and non-physical crisis intervention. Maximum trainer to trainee ration is 1:10. All components of training required by COMAR 14.31.06.15 are included except for documentation, which would be a provider specific training. A new protocol to be published in January 2009 eliminates the use of prone restraint.

3. MANDT

Bob Bowen
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This program provides a 5 day train the trainer course. Trainers must pass a written exam with a minimum of 100% and demonstrate all physical skills. Maximum trainer to trainee ration is 1:22. Recertification every two years requires the trainer to teach at least 1 time a year, pass a written test and demonstrate proficiency in physical skills. **Cost: \$1175 per person initial**

Training for direct care staff is 18 hours, requires a score of 100% on a written test and requires eight hours of refresher training every year. Maximum trainer to trainee ration is 1:20 for verbal, 1:10 for physical. 75% of this program is devoted to crisis prevention and de-escalation. All components of training required by COMAR 14.31.06.15 are included. This program uses only standing restraints.

4. Managing Aggressive Behavior/University of Oklahoma

Jean Carpenter-Williams
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This program provides a 5 day train the trainer course. Maximum trainer to trainee ratio is 2:12. Trainers must pass a written exam with a minimum of 80% and demonstrate non-verbal/verbal blending and all physical skills. Recertification every two years requires the trainer to teach at least 3 times a year, complete 12 hours of continuing education year and submit a sample of training evaluations to the University for review. Trainers are also required to register in a central database.

Training for direct care staff is 16 hours, requires a score of 80% on a written test and requires six hours of refresher training every year. Maximum trainer to trainee ratio is 1:12. This program focuses on trauma and uses an interactive approach to dealing with aggressive behavior. All components of training required by COMAR 14.31.06.15 are included. The program does not use prone restraint and a new protocol to be published in 2009 eliminates the use of seated and kneeling restraint. Only standing restraints will be used.

5. Tact 2 (for use by DHR and DJS licensed facilities only)

Steve Parese
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This program provides a 4 day train the trainer course. Trainers must pass a written exam with a minimum of 88%, co-teach a demonstration lesson on verbal and physical interventions and demonstrate ability to perform all physical skills. Maximum trainer to trainee ration is 1:18 for verbal, 1:12 for self protection, and 1:6 for restraint. Recertification requires six hours of refresher training annually and to teach at least 1 time a year. **Cost: Initial Certification: 1-2 persons \$699 each, 3+ \$599 each, Recertification: \$149 each.**

Training for direct care staff is 20 hours, requires a score of 80% on a written test and requires six hours of refresher training every year. 75% of this program is devoted to crisis prevention and de-escalation. All components of training required by COMAR 14.31.06.15 are included. This program eliminated the use of prone restraint in July 2008. A module on trauma will be incorporated in January 2009.

6. Safe Crisis Management/ JKM Training

Joseph Mullen
717-960-0457
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This program provides a 5 day train the trainer course. Trainers must pass a written exam and demonstrate non-verbal/verbal blending and all physical skills. Maximum trainer to trainee ratio is 1:20. A 2 day refresher course is required annually for recertification. **Cost: Initial Certification: Public seminars, \$899 per person; private/onsite, \$7500 + expenses for up to 20 participants. Recertification: Public seminars, \$219 per person; private/onsite, \$3000 + expenses for up to 24 participants.**

Training for direct care staff is 18 hours, requires a score of 90% on a written test and recommends 14 hours of refresher training every year. Maximum trainer to trainee ratio is 1:16. All components of training required by COMAR 14.31.06.15 are included. **Cost: Onsite training only, \$4500 + expenses for up to 18 participants.**

7. Right Response

Steven Seiller
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totem@servalt.com

This program offers a 4 day train the trainer course. The course covers prevention, de-escalation, post-vention and physical safety and intervention. Materials include manuals, workbooks, videos and an instructor reference manual and video. Trainers are required to recertify every two years. Individual staff must pass a test with a score of 80%, demonstrate competency in the use of Right Response interventions and recertify annually.

COST: \$1999 for Advanced Instructor training. There are no cost options for recertification.

8. Non Abusive Psychological & Physical Intervention (NAPPI) International (Approved 3/25/10)

Peter Y. Eastman
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www.nappi-training.com

Trainer Training: This program provides a 5-day train the trainer course. Trainers must pass a written, oral and physical exam to be fully certified as a BESST level trainer. A 2-day refresher course is required annually for recertification. Cost: Initial Certification public seminars, \$1299 per person; Recertification public seminars, \$699 per person. Private on-site certification and recertification's are available, with a minimum of 13 participants.

Direct Training: Training for direct care staff is 16-20 hours, requires a score of 80% on a written, verbal and oral test and requires 8-10 hours of refresher training every year. Maximum trainer to trainee ratio is 1:12. This program covers four aspects of working with potentially aggressive behavior: assessment & prevention, creating a culture where violence is less likely to happen, self protection skills, and manual restraints. All components of training required by COMAR 14.31.06.15 will be included in Maryland-based trainings.

9. Crisis Prevention Institute Inc (CPI) (Approved 3/25/10)

800-558-8976
info@crisisprevention.com

Nonviolent Crisis Intervention® Training (NCI): The Nonviolent Crisis Intervention ® program, developed by the Crisis Prevention Institute (CPI), not only teaches staff to respond effectively to the warning signs that someone is beginning to lose control, but also addresses how staff can deal with their own stress, anxieties, and emotions when confronted with these challenging situations. 4-day Certification - \$1529, 3-day Renewal - \$549, and 3-day Recertification - \$699

Nonviolent Crisis Intervention® Hybrid Training (Supplement to NCI): Take a self-paced web component and a focused classroom session and blend thoroughly. The result? A new delivery option that can be used for first –time Nonviolent Crisis Intervention® training participants as well as for refresher training-with real, tangible benefits to you, your learners, and your organization. This gives unlimited access to the web-based component, a real time DVD, Instructor Orientation, Instructor Basics, and Free Hybrid Instructor Seminal led by CPI Professional Staff Instructors. Ultimately, this will cut down classroom time to get certified in Nonviolent Crisis Intervention®. - \$399

10. Therapeutic Options (Approved 10/12/10)

Michael Partie
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This program provides a four-day Train-the-Trainer course. Instructors must recertify at a one-day workshop at the end of the first year, and every other year after that. Instructor candidates must pass a written and practical skills test. **Cost: \$900 for initial certification - \$500 for recertification. \$9,000/\$5,000 group rate for up to 14 individuals, plus travel cost for master instructor. Positive practices discounts are available. See website for details.**

Training for direct care staff is 13-16 hours, depending on group size. All components required by COMAR are included. This program contains both standing and supine restraints as options. Agencies are not required to teach restraints in order to implement this program. Therapeutic Options is a trauma-informed system that provides comprehensive strategies for preventing aggression that is founded on relationship development and positive behavior support.

11. Professional Crisis Management (PCM)

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PCM is an advanced system of crisis management based on applied behavioral science from the Professional Crisis Management Association (PCMA), an international training and consulting organization whose experts have been providing crisis management training for over 25 years. PCM focuses primarily on prevention before a crisis occurs. PCM includes Crisis Prevention, Crisis De-escalation, Crisis Intervention, and Post-Crisis Intervention. PCM utilizes competency-based training and evaluation methods to enable participants reach the highest level of skill acquisition. PCM can ensure successful prevention and intervention with maximum safety, dignity and effectiveness. For those seeking additional training in non-physical prevention and positive behavior support strategies, the PCMA Behavior Tools Courses are the perfect companion to PCM, or can be used as a stand-alone training program.

All PCMA training programs and services incorporate these guiding principles at all levels. They are:

- Human beings have a basic right to humane and dignified treatment.
- Human beings have a right to safety and freedom from pain.
- Human beings have a basic right to freedom of choice.
- Using the least restrictive, effective alternative is critical to safety and success of individuals.
- Teaching and support strategies must be as positive, pro-active and non-coercive as possible.
- Teaching and support strategies must utilize proven principles of effective behavior change, such as continuous feedback, behavioral shaping, and fading of cues and assistance.

PCM is unlike any other crisis management system in existence. To find out more, please feel free to visit our website at www.pcma.com or to call a PCMA representative at 954-746-0165.